**Vaccines against dengue: a review of current candidate vaccines at advanced development stages**

Joachim Hombach

Dengue is a viral disease transmitted by the *Aedes aegypti* mosquito vector, and is caused by four antigenically related flaviviruses (dengue virus serotypes one through four (DENV-1-4)). Dengue is endemic throughout large parts of the Americas and Asia, and is increasingly reported in Africa. More than 2.5 billion people are at high risk of infection in more than 100 endemic countries throughout the tropical and subtropical climate zones (1). Unplanned urbanization, population migration, and the breakdown of vector control efforts have contributed to the spread of the vector. There is an increase of dengue in its more severe forms, such as dengue hemorrhagic fever (DHF) and dengue shock syndrome (DSS), for reasons that are not fully understood. The severe forms, when not properly treated, have become an increasing cause of morbidity and mortality, and are straining the health care systems of many endemic countries (2). Current treatment of severe disease essentially involves the restoration of fluid, colloid, and electrolyte balances. The disease is mainly observed in children and is a leading cause of pediatric hospitalization. However, in recent years, severe dengue has been increasingly reported in adults as well. Dengue is the most common arthropod-borne disease in humans, and its control represents a high public health priority for many endemic countries.

From a public health perspective, emphasis should be put on the prevention of the disease, which today is essentially confined to vector control measures. Vector control can be successful if implemented in a sustainable and systematic manner. Efforts to develop vaccines began in the 1920s, with inactivated extracts from infected *Aedes* mosquitoes. During World War II, more systematic studies, using passaged viruses, were undertaken by United States military scientists, including Albert Sabin. The systematic development of a dengue vaccine has been hampered and delayed by the complex pathology of the disease, the need to control four viruses simultaneously, and insufficient investment by vaccine developers, due to low commercial interest. However, over the past few years, the continuing spread and increasing intensity of the disease, combined with new funding mechanisms for the development and use of vaccines for the developing world, have triggered renewed interest and investment in dengue vaccine research.

**Key words:** dengue, *Aedes aegypti*, flavivirus, dengue hemorrhagic fever, viral vaccines.
DENGUE VACCINE FEASIBILITY

More than 60 years after the discovery of the virus and the start of systematic research into dengue vaccines, no dengue vaccine has yet been licensed. This situation is in striking contrast to other flavivirus diseases, including yellow fever (YF), Japanese encephalitis (JE), and tick-borne encephalitis, for which effective and safe vaccines have been available for decades. What makes dengue more difficult? Several obstacles have rendered the development and evaluation of dengue vaccines more complicated than that of other flavivirus vaccines.

The disease is caused by four genetically and serologically distinct dengue viruses (DENV-1-4), which cocirculate in many endemic regions and cause complex epidemiologic disease patterns. While infection by one virus/serotype confers lasting protection against reinfection and disease by the same virus/serotype, the same is not true for infection with a heterologous virus/serotype. Worse, heterologous secondary or tertiary infection has been associated with more severe disease, an observation that has led to the development of immune enhancement theories (3).

No suitable animal model exists for dengue, including its severe forms. While monkeys (especially macaques) are susceptible to the virus and represent natural, sylvatic hosts, they only develop moderate viremia and no significant illness, even after secondary infection (4). Genetic markers of viral virulence are not completely understood, hampering rational attenuation approaches for dengue viruses. A direct linkage between viremia in animal models and phenotypic attenuation in humans is also unclear.

Secondary, heterologous dengue infections that appear to involve immune enhancement and lead to severe disease still remain poorly understood. However, nonneutralizing antibodies are believed to contribute to the observed clinical manifestation, and await further analysis (5).

Several implications for the development of a dengue vaccine can be drawn from the above observations. First, a dengue vaccine must be able to protect against all four circulating virus serotypes. Therefore, the vaccine needs to be tetravalent. This effectively requires the development of four monovalent vaccines that subsequently undergo formulation into a tetravalent form. For live vaccines, the tetravalent formulation may be subject to interference phenomena among its individual components. Second, while the monkey model is an important prerequisite to test for neurovirulence, viremia, and immunogenicity, the limitations of the model necessitate extensive screening in human volunteers to initially assess reactogenicity, immunogenicity, and possibly protection, if the human challenge model becomes fully established. Third, while the specific mechanism of immune enhancement remains elusive, and correlates of protection are not yet clearly defined, it is generally accepted that vaccines should elicit tetravalent seroconversion and that neutralizing antibody titers should be persistent. Finally, the clinical evaluation of the vaccine in exposed populations requires careful and long-term follow-up.

DENGUE VACCINE PIPELINE

The following overview focuses on dengue candidate vaccines that are in advanced stages of development (Table 1). However, it is not intended to provide a full picture of the various strategies and technologies that are currently being investigated at early preclinical development stages.

Live attenuated vaccines

Several live attenuated candidate vaccines have been developed based on classical virology techniques, mainly using serial passage in primary dog kidney (PDK) cells for attenuation. Two of these candidates have been formulated into tetravalent vaccines and have undergone clinical evaluation (phase 1 and phase 2).

Scientists at Mahidol University (Thailand) developed a candidate tetravalent vaccine, based on passaging human virulent DENV-1, -2, and -4 in PDK cells, and DENV-3 in primary green monkey kidney (PGMK) cells. Candidate vaccines were tested in Thai volunteers in mono-, bi-, tri-, and tetravalent formulations, and neutralizing titers were observed for up to two years postimmunization (6). Trials were also conducted in the United States, which triggered the reformulation of the DENV-3 component since it interfered with the response to the other components, resulting in a suppression of the antibody titers. Subsequently, seven different tetravalent formulations were tested in Thai adults.

One tetravalent formulation was selected for an age de-escalating study in 105 flavivirus-naive children in Thailand. For this study, conducted in collaboration with Aventis Pasteur, two doses were scheduled at zero and three to five months, followed by a booster 12 months later. Overall, reactogenicity after the first dose was moderate, although 5% of children had considerable systemic reactions. Reactogenicity after subsequent doses was low. After the second dose, tetravalent seroconversion...
was 51% or 66%, depending on the vaccine formulation, and between 85% and 100% after boosting (7). Detailed analysis revealed that DENV-3 was still underattenuated, and an attempt was made to molecularly rederive the strain in order to reduce reactogenicity. A plaque-purified strain was adapted to Vero cells (from African green monkey kidney epithelial cell lines) and thoroughly characterized preclinically to confirm commonly agreed phenotypic criteria of attenuation. A phase 1 study in flavivirus-naive adults surprisingly revealed unacceptably high reactogenicity. While this unexpected finding is being further investigated, and may point to an important role of innate immunity in the early response to dengue infection (8), the company (now Sanofi Pasteur) decided to put the further development of the live attenuated tetravalent vaccine on hold.

The Walter Reed Army Institute of Research (WRAIR) has, independently of the effort by Mahidol University, employed a similar strategy to develop a dengue vaccine. Human virulent DENV isolates were passaged on PDK cells for attenuation, and different passage levels were selected to assess attenuation, immunogenicity, and protective capacity in animal models. The vaccine is produced in fetal rhesus lung (FRhL) cells. While monovalent candidates proved safe and immunogenic in human studies, interference was observed once the candidate strains were combined into tetravalent formulations. For the purpose of empiric selection for high and balanced immunogenicity and low reactogenicity, 18 different tetravalent formulations have been compared in human volunteers (9).

In these clinical studies, conducted jointly by WRAIR and GlaxoSmithKline (GSK), formulation “17” was selected and used for a small safety and immunogenicity study in seven Thai schoolchildren. Following a two-dose regimen with six-month intervals, 100% tetravalent seroconversion was observed after two doses, combined with an acceptable reactogenicity profile.

### TABLE 1. Partial listing of current dengue vaccine candidates in clinical development, with approach, developer, type of genes/antigens, and status

<table>
<thead>
<tr>
<th>Approach</th>
<th>Vaccine developer</th>
<th>DEN^a genes or antigens</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Live, attenuated, produced on PDK cells(^b)</td>
<td>Mahidol/Sanofi Pasteur</td>
<td>All 10 DEN genes</td>
<td>Phase 2 tetravalent, long-term follow-up data up to eight years</td>
</tr>
<tr>
<td>Live, attenuated, produced on FRhL cells(^c)</td>
<td>WRAIR(^d)/GSK Biologicals(^e)</td>
<td>All 10 DEN genes</td>
<td>Phase 2b tetravalent</td>
</tr>
<tr>
<td>Live, rationally attenuated with 3’ deletion mutation</td>
<td>U.S. NIAID, Johns Hopkins University</td>
<td>All 10 DEN genes</td>
<td>Phase 1–2 monovalent</td>
</tr>
<tr>
<td>Live, 3’ deletion mutation, DEN/DEN chimeric</td>
<td>U.S. NIAID, Johns Hopkins University</td>
<td>8 DEN4, 2 chimeric</td>
<td>Phase 1–2 monovalent</td>
</tr>
<tr>
<td>Live, rationally mutated with 3’ point mutations</td>
<td>U.S. FDA(^f)</td>
<td>All 10 DEN genes (currently only DEN2)</td>
<td>Preclinical (nonhuman primates)</td>
</tr>
<tr>
<td>Live, attenuated DENV-2 vector, DEN/DEN chimeric</td>
<td>InViragen/Shanta</td>
<td>8 DEN2, 2 chimeric</td>
<td>Preclinical (nonhuman primates), scheduled for human studies</td>
</tr>
<tr>
<td>Live, attenuated YF17D vector, YF(^h)/DEN chimeric</td>
<td>Acambis, Sanofi Pasteur</td>
<td>8 YF genes, 2 chimeric DEN genes</td>
<td>Phase 1–2 tetravalent</td>
</tr>
<tr>
<td>Subunit recombinant antigen, adjuvanted</td>
<td>Hawaii Biotech</td>
<td>2 (80%E(^i) and NS1(^j))</td>
<td>Preclinical (nonhuman primates), scheduled for human studies</td>
</tr>
</tbody>
</table>

\(^a\) DEN = candidate dengue vaccine virus.  
\(^b\) PDK cells = Primary dog kidney cells.  
\(^c\) FRhL cells = fetal rhesus lung cells.  
\(^d\) WRAIR = Walter Reed Army Institute of Research.  
\(^e\) GSK Biologicals = GlaxoSmithKline Biologicals.  
\(^f\) U.S. NIAID = United States National Institute of Allergy and Infectious Diseases.  
\(^g\) U.S. FDA = United States Food and Drug Administration.  
\(^h\) YF = yellow fever.  
\(^i\) 80%E = extracellular portion of the E protein.  
\(^j\) NS1 = nonstructural proteins of dengueviruses.
Live recombinant vaccines

The ability to synthesize full-length cDNA of the flaviviral genomic RNA, to rederive RNA from transfected cells, and to derive infectious particles, when the resulting RNA is transfected into permissive Vero cells, has opened the possibility of producing genetically modified flaviviruses. This technology has been utilized by several laboratories, which have applied the following three different strategies to achieve virus attenuation: (1) the molecular attenuation of the dengue viruses by introducing selected mutations, (2) the insertion of dengue structural genes (prM/E) into the genetic backbone of a classically attenuated dengue strain, and (3) the insertion of prM/E into the genetic backbone of the YF 17D vaccine strain, which serves as a vector.

Overall, the strategy of molecular attenuation of DENV is hampered by the lack of detailed understanding of molecular basis and determinants of virulence that could be specifically targeted for attenuation. Attenuation strategies have therefore focused on generic flaviviral noncoding elements that are believed to impact the ability of the virus to replicate. A group at the United States National Institutes of Health (NIH) has produced a recombinant live attenuated candidate vaccine, based on a classically attenuated strain of DENV-2. It was shown that the DENV-2 strain 16681 PDK53 virus, from Mahidol University, carried attenuating mutations in its nonstructural genes, when prM/E genes of wild-type DENV-1, -3, and -4 were cloned into nonstructural DENV-2, and the phenotypic markers of attenuation were retained. In collaboration with a commercial partner, the CDC has tested monotypic and tetravalent chimeric vaccines in cynomolgus monkeys. The results show good immunogenicity and low viremia, but some degree of interference when combined into a tetravalent formulation. The clinical testing of the candidates is being planned.

Researchers at the United States Food and Drug Administration (FDA) have approached molecular attenuation by introducing several mutations into the stem and loop structure at the terminus of the 3’ untranslated region of the viral genome ("MutF"). A DENV-1 construct has been successfully tested in monkeys and awaits further evaluation in clinical trials. Researchers at the United States Centers for Disease Control and Prevention (CDC) have developed another live recombinant chimeric tetravalent candidate vaccine, based on a classically attenuated DENV-2. It was shown that the DENV-2 strain 16681 PDK53 virus, from Mahidol University, carried attenuating mutations in its nonstructural genes, when prM/E genes of wild-type DENV-1, -3, and -4 were cloned into nonstructural DENV-2, and the phenotypic markers of attenuation were retained. In collaboration with a commercial partner, the CDC has tested monotypic and tetravalent chimeric vaccines in cynomolgus monkeys. The results show good immunogenicity and low viremia, but some degree of interference when combined into a tetravalent formulation. The clinical testing of the candidates is being planned.

The development of a yellow fever/DENV chimeric vaccine candidate is being pursued by Acambis, in collaboration with Sanofi Pasteur. In this approach, the prM/E genes of wild-type dengue viruses replace the corresponding genes of the 17D yellow fever vaccine. This vector platform, called ChimeriVax, is used for the development of other flavivirus vaccines; the most advanced vaccine candidate is a Japanese encephalitis vaccine. For the purpose of developing a tetravalent dengue vaccine, DENV-1-4 prM/E genes from human isolates were inserted into the vector. Extensive
Subunit and inactivated vaccines

The most advanced subunit vaccine is being developed by Hawaii Biotech Inc., and is based on the envelope (E) protein produced in the Drosophila S2 expression system, whereby glycosylation is maintained and immunoaffinity purified, in order to achieve conformational folding. The vaccine contains the extracellular portion of the E protein (called 80% E), plus the NS1 antigen, and is formulated in proprietary adjuvant. The rationale for including NS1 antigen was established in the suckling mouse protection model, and was confirmed when assessing the cell-mediated immune response in primates. Different antigen dose and adjuvant-type formulations were tested in rhesus macaques, and the antibody responses were assessed in response to four doses of vaccines. Very high titers were achieved with three doses, and the fourth dose did not show a boosting effect. Challenge studies were conducted using DENV-2 and DENV-4, demonstrating protection in some of the groups (10). The company anticipates the start of clinical studies in 2007.

Another approach towards the development of a subunit vaccine was chosen by the Center for Genetic Engineering and Biotechnology in Havana, Cuba. Structural subunits of the DEN E protein (domain III) were fused to the meningococcal P64k carrier protein and produced in a bacterial expression system for E. coli. DENV-2 candidates have been shown to induce protective immune responses in macaques, providing proof of concept that domain III is a protective epitope. Further studies will require testing of tetravalent formulations in an adjuvant suitable for human use (19).

Several purified inactivated virus (PIV) vaccine formulations, based on DENV-2 and a multitude of adjuvants, have been tested in a comparative study conducted by WRAIR. Rhesus macaques received 5 µg of DENV-2 PIV in formulation with one of five adjuvants, by intramuscular injection, at days zero and 90. Animals were challenged at day 160. All vaccines were nonreactogenic and stimulated neutralizing antibodies after one or two doses. Antibodies persisted to the day of challenge. Using conventional techniques, postchallenge viremia was not detected in several animals. However, viremia was measured in all animals using a TaqMan PCR, irrespective of the level of the prechallenge titer, except the control group immunized with live attenuated vaccine. In fact, there was no correlation between PRNT50 titers and levels of viremia assayed by TaqMan. Only the live vaccine appeared to induce sterile immunity, as indicated by the lack of measurable anti-NS3 antibodies, in all three monkeys of the group (20).

The DNA vaccination approach has been applied to dengue; DNA shuffling and screening technologies have been used to construct DNA expression vectors encoding epitopes of all four serotypes (21). Shuffled tetravalent DNA vaccines elicit neutralizing antibody titers and confer partial protection when challenged with DENV-2. DNA has been delivered using a Biovector device (Biovector Therapeutics SA, France). Phase 1 clinical trials with monovalent DNA vaccines are scheduled.

PROSPECTS AND PROBLEMS

In summary, the dengue vaccine pipeline appears sufficiently advanced and diverse. Therefore, the first dengue vaccine could be licensed within the next five years. The pipeline contains a majority of live attenuated candidate vaccines, building on the successes of other live flavivirus vaccines, especially the yellow fever vaccine. A theoretical advantage of live attenuated viral vaccines is their track record of producing lasting antibody responses and protection. Also, the cost of production of live vaccines should be less than other vaccine technologies.

Candidate vaccines will soon be evaluated in population-based efficacy trials in exposed populations, requiring a number of technical, operational, and regulatory issues to be addressed. Dengue vaccines will need to be evaluated against changing patterns of transmission intensity and circulating dengue viruses, as well as other circulating flaviviruses. Therefore, multicentric vaccine trials may be warranted in different geographic settings, in-
Public health implications

Although the systematic introduction of dengue vaccines for public health use may be years ahead, there is still a need to develop a better understanding of the disease epidemiology, including age-specific incidence rates in endemic countries. Vaccination strategies will need to be developed based on not only the characteristics of the vaccine, but also the epidemiology of dengue. As morbidity from dengue is straining the health care systems of endemic countries, there is also a great need for health economic studies, especially cost-of-illness and cost-effectiveness studies.

The global importance of dengue, including increased severity and endemicity of the disease, combined with new funding mechanisms for developing a vaccine, have triggered renewed interest and investment into dengue vaccine research. The application of novel technologies for the development of these vaccines is showing promise.

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SINOPSIS

Vacunas contra el dengue: una revisión
de las vacunas candidatas en etapas avanzadas
de desarrollo

Los esfuerzos sistemáticos para desarrollar una vacuna contra el dengue comenzaron durante la Segunda Guerra Mundial, inspirados en el desarrollo exitoso de una vacuna contra la fiebre amarilla. Sin embargo, la falta de modelos adecuados de la enfermedad, la información incompleta acerca de los mecanismos patogénicos y los insuficientes incentivos económicos han dificultado los avances. Debido al impacto actual del dengue en todo el mundo y su explosiva diseminación, ha aumentado el interés en el desarrollo de vacunas contra el dengue y se ha avanzado considerablemente en el camino hacia la evaluación clínica de vacunas candidatas. La Iniciativa para la Investigación en Vacunas, de la Organización Mundial de la Salud, está facilitando el desarrollo de los ensayos con las vacunas candidatas. Las vacunas contra el dengue que se encuentran actualmente en etapas avanzadas de desarrollo son de tres tipos fundamentales: 1) vivas atenuadas; 2) vivas recombinantes; y 3) de subunidades e inactivadas. La mayoría de las vacunas en cartella son vivas atenuadas, siguiendo el camino exitoso de otras vacunas vivas contra flavivirus, especialmente de la desarrollada contra la fiebre amarilla. En general, las vacunas contra el dengue que se encuentran actualmente en desarrollo están bastante avanzadas y son muy diversas. Quizás pronto comenzará la evaluación de estas vacunas candidatas en ensayos de eficacia basados en poblaciones expuestas, lo que requerirá resolver varios problemas técnicos, operacionales y regulatorios.

Palabras clave: dengue, Aedes, Flavivirus, fiebre dengue hemorrágica, vacunas virales.
REFERENCES


